

Get the Human Resources services you need for a **fraction of the cost** of hiring an HR employee



Introducing the Small Business HR Program from Fit HR



Fit HR, which stands for Fully Integrated HR Team, is led by Amanda Mayo, Senior Professional in Human Resources (SPHR). She brings over 15 years of HR experience with companies large and small. She is an expert in virtually all areas of HR, including state and federal regulations, recruitment, compensation, benefits, leadership coaching, workforce analysis and safety/risk management.



- Make certain you're following all laws required as a Washington State employer
- Turn challenging employees into productive, collaborative members of your team
- Offer a comprehensive Employee Assistance Program to effectively address employee personal problems
- Properly handle all HR issues such as recruiting, compensation, performance evaluations and termination
- Develop a practical employee handbook
- Much more, carefully tailored to your individual business needs

Just \$375 per month, for businesses with up to 25 employees.*

Includes an initial 90-minute on-site needs assessment and two hours of expert HR services. In addition, you'll receive a free annual federal/state employment law poster.

*More than 25 employees? Ask us for rates.

The services of Fit HR are complemented by Fully Effective Employees, Inc., which has offered Employee Assistance Programs since 1976. They have a proven record helping with issues such as employee drug and alcohol abuse, high absenteeism, morale and harassment.



GET STARTED TODAY. CALL OR EMAIL: Amanda Mayo SPHR
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